

**Lie/Lay:**

To *lie* means to rest.

To *lay* means to place.

<u>Infinitive</u>	<u>Present</u>	<u>Past</u>	<u>Present Participle</u>	<u>Past Participle</u>
<b>to lie</b>	lie(s)	lay	lying	(had) lain
<b>to lay</b>	lay(s)	laid	laying	(had) laid

To lie means to rest. Try inserting rest or rests when you are using lie in a sentence

To lay means to place. **To lay needs a direct object;** there must be an object to place.